

Exercise Physiologist

Fixed term maternity leave placement



Your professional COVID escape plan to immerse yourself in a rich experience of people, culture and the scenic beauty of the Northern Territory



- Bodyfit is a progressive Allied Health leader delivering innovative services, facilitating positive lifestyle changes and improving health outcomes to diverse populations.
- Servicing over 30 remote communities and our Darwin clients from our Palmerston and Bayview clinics.
- Exciting opportunity to join a dynamic and supportive team of Allied Health professionals producing meaningful impacts in the prescription of exercise and physical activity for prevention, treatment and rehabilitation for a range of conditions.
- You will be immersed in a wealth of on-the-job experience and extensive collegial professional practice for those seeking to develop career pathways and excel in their field.
- We are seeking a fixed term maternity leave placement for an Exercise Physiologist who is interested in a short-term assignment. Interstate applicants are encouraged as relocation costs will be considered as well as a remote work arrangement if the applicant is competent with telehealth service delivery.

This position is responsible for the delivery of exercise physiologist services through a combination of remote program and clinic-based work. The various duties involved are to -

- Reliably assess, diagnose and safely deliver exercise physiology services across a wide range of clinical areas and health conditions by integrating evidence-based practice as part of treatment.
- Design, prescribe and supervise exercise-based rehabilitation.
- Assess the efficiency of treatment plans, modify and refer accordingly.
- Establish and maintain good working relationships and communication with the local key stakeholders.
- Accurately and thoroughly document client information as per medico-legal requirements.

- Practise duty of care, including meeting clinic standards and accountability to ensure clinical governance processes are in place, and work with management to update as required to meet accreditation standards.

Job requirement

- Tertiary level Exercise Physiologist qualification as well as current accreditation and registration with Sports Science Australia (ESSA).
- Several years' experience in clinical practice and remote work would be advantageous.
- Excellent knowledge and understanding of working with clients to achieve social, emotional and physical wellbeing.
- Superior client care skills that reflect a professional but friendly approach to liaise effectively with a diverse range of people.
- Ability to analyse and utilise clinical data in service development and quality improvement initiatives.
- Highly motivated with excellent interpersonal and communication skills so has the ability to build rapport to develop long lasting working relationships with clients, stakeholders and colleagues.
- Accomplished written skills to competently prepare documents or reports as required.
- Meticulous attention to detail.
- Excellent time management and organisational skills demonstrated by the ability to multi-task and remain calm under pressure.
- Possess high level of problem-solving skills and the ability to make decisions as per standard operating procedures and know when to escalate issues to line manager.
- Maturity and able to maintain the strictest confidentiality as well as use initiative with discretion.
- Proficiency in Microsoft Office and using medical appointment and patient record systems and databases.
- Current and clear National Police Check, being eligible for an NT Working with Children clearance (OCHRE Card) and/or NDIS Worker Screening Check.
- Current Senior First Aid and CPR Certificates.
- Current drivers' licence.

Whether you are a young energetic practitioner looking for an inspiring practice to accelerate your learning curve or you are a more experienced clinician but still seeking unique opportunities to reach your true potential, we would love to hear from you. Please refer to the position description for further details or contact Joe Muir by phone on (08) 8981 2886 or email joe@bodyfitnt.com.au if you have any queries. Please apply by submitting a cover letter addressing the selection criteria and your resume to humanresources@tristarmedicalgroup.com.au.