

POSITION DESCRIPTION

Position title	Exercise Physiologist
Award	Health Professionals and Support Services Award 2010
Classification	Level 2
Reporting to	Exercise Physiologist Team Leader
Staff supervision	Nil



ROLE PURPOSE

To provide an exceptional standard of care to our clients by delivering innovative exercise physiology services, facilitating positive lifestyle changes and improving health outcomes to diverse populations through a combination of remote trips and clinic-based work.

RESPONSIBILITIES

1) Clinical practitioner duties

- Reliably assess, diagnose and safely deliver exercise physiology services across a wide range clinical areas and health conditions by integrating evidence-based practice as part of treatment.
- Design, prescribe and supervise exercise-based rehabilitation.
- Assess the efficiency of treatment plans, modify and refer accordingly.
- Accurately and thoroughly document client information as per medico-legal requirements.
- Practice duty of care, including meeting clinic standards and accountability to ensure clinical governance processes are in place. Plus, work with management to update as required to meet accreditation standards.
- Establish and maintain good working relationships and communication with the local key stakeholders.
- Undertake any reasonable additional tasks or projects as requested.

2) General corporate citizenship

- Promote and model appropriate behaviour to support Bodyfit as part of Tristar Medical Group's* performance and brand by acting in a courteous, professional and efficient manner at all times.
- Collaborate and participate as an active Bodyfit team member as part of Tristar Medical Group's meetings, training and other employee initiatives such as performance reviews as requested.
- Refrain from making public statements or issuing comments to the media unless specifically authorised by the Tristar Medical Group's CEO. Inform management of any issues likely to adversely affect the performance, image or public perception of the organisation.
- Abide by all Tristar Medical Group's Policies and Procedures.
- Issue Tristar Medical Group with all personal documentation (e.g. leave applications, sick leave advice and change of address) accurately and promptly.
- Adhere to Occupational Health and Safety Guidelines and use all necessary safety equipment provided, reporting any defect in any such equipment as soon as it comes to your attention.
- Ensure due care is exercised in the use of equipment issued or entrusted, and that proper maintenance is carried out on a regular basis.

* *Bodyfit is a part of the Tristar Medical Group.*

PERFORMANCE EXPECTATIONS

- Ensure compliant and timely completion of allocated case load.
- Maintain accurate client and medical records and databases.
- Provide excellent customer service to internal/external stakeholders.
- Notify the Exercise Physiologist Team Leader of any complex cases or issues.
- Meet standards of the General Corporate Citizenship indicators.

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Trading as part of Tristar Medical Group Pty Ltd: ABN 90 130 389 589 ACN 130 389 589

QUALIFICATIONS, SKILLS AND EXPERIENCE

- Tertiary level Exercise Physiologist qualification as well as current accreditation and registration with Sports Science Australia (ESSA).
- Several years' experience in clinical practice and remote work would be advantageous.
- Excellent knowledge and understanding of working with clients to achieve social, emotional and physical wellbeing.
- Superior client care skills that reflect a professional but friendly approach to liaise effectively with a diverse range of people.
- Ability to analyse and utilise clinical data in service development and quality improvement initiatives.
- Highly motivated with excellent interpersonal and communication skills so has the ability to build rapport to develop long lasting working relationships with clients, stakeholders and colleagues.
- Accomplished written skills to competently prepare documents or reports as required.
- Meticulous attention to detail.
- Excellent time management and organisational skills demonstrated by the ability to multi-task and remain calm under pressure.
- Possess high level of problem-solving skills and the ability to make decisions as per standard operating procedures and know when to escalate issues to line manager.
- Maturity and able to maintain the strictest confidentiality as well as use initiative with discretion.
- Proficiency in Microsoft Office and using medical appointment and patient record systems and databases.
- Current and clear National Police Check, being eligible for an NT Working with Children clearance (OCHRE Card) and/or NDIS Worker Screening Check.
- Current Senior First Aid and CPR Certificates.
- Current drivers' licence.

AGREEMENT

I understand and agree to accept the role and responsibilities set out in this position description.

Employee name

Date

Signature